

# Fall Community Interview Showcards

For Continuing Participants

Medicare Current Beneficiary Survey

Version Information

Component: Community

Language: English

**MCBS**  
Medicare Current Beneficiary Survey

# MCBS Showcards Guide

Quex Sections	Showcards	Version
<b>DVH</b>	DVH1	January 9, 2019
	DVH2	January 9, 2019
	DVH3	May 8, 2019
	DVH4	January 8, 2020
<b>ENS</b>	ENS1	July 24, 2017
<b>HAQ</b>	HA1	January 9, 2019
	HA2	January 9, 2019
	HA3	January 9, 2019
	HA4	July 19, 2021
<b>HFQ</b>	HF1	August 1, 2015
	HF2	August 1, 2015
	HF3	July 15, 2024
	HF4	July 15, 2024
	HF5	July 15, 2024
	HF6	July 15, 2024
	HF7	July 15, 2024
	HF8	July 15, 2024
	HF9	July 15, 2024
	HF10	July 15, 2024
	HF11	July 15, 2024
	HF12	July 15, 2024
	HF13	July 15, 2024
	HF14	July 15, 2024
<b>HHQ</b>	HH1	May 6, 2020
	HH2	July 28, 2014
	HH3	July 28, 2014
	HH4	July 28, 2014
	HH5	May 6, 2020
<b>HIQ</b>	HI1	February 17, 2015 & July 24, 2017
	HIT1	July 28, 2014
	HIT2	July 28, 2014
	HI6	January 9, 2023
<b>IUQ</b>	IU1	January 10, 2018
<b>MPQ</b>	MP1	January 9, 2019
	MP2	July 28, 2014
	MP3	July 28, 2014

# MCBS Showcards Guide

<b>Quex Sections</b>	<b>Showcards</b>	<b>Version</b>
	MP4	July 28, 2014
	MP5	July 28, 2014
	MP6	July 24, 2017
	MPQ Job Aid 1	January 8, 2020
<b>NAQ</b>	NA1	August 3, 2016
<b>OMQ</b>	OM1	July 28, 2014
	OM2	July 28, 2014
	OM3	July 28, 2014
	OM4	July 28, 2014
	OM5	July 28, 2014
<b>PMQ</b>	PM1	July 24, 2017
<b>PVQ</b>	PV1	July 20, 2020
	PV2	July 20, 2020
	PV3	July 20, 2020
<b>SCQ</b>	SC1	July 28, 2014
	SC2	July 22, 2019
	SC3	July 22, 2019
	SC4	July 22, 2019

## DVH1

- General exam, checkup or consultation
- Cleaning, prophylaxis, or polishing
- X-rays, radiographs, or bitewings
- Fluoride treatment
- Sealant (plastic coatings on back teeth)
- Fillings
- Inlays
- Crowns or caps
- Root canal
- Periodontal scaling, root planing, or gum surgery
- Periodontal recall visit (periodic or regular)

*(Continued)*

# DVH1

- Extraction, tooth pulled
- Implants
- Abscess or infection treatment
- Other oral surgery
- Fixed bridges
- Dentures or removable partial dentures
- Relining or repair of bridges or dentures
- Orthodontia, braces, or retainers
- Bond, whiten, or bleach
- Treatment for TMD or TMJ

## DVH2

- Eye Or Vision Exam
- Contact Lens Fitting
- Contact Lens Purchase
- Eye Glass Frame Fitting Or Adjustment
- Eye Glass Purchase
- Refractive Surgery (Corrective Vision Surgery)
- Cataract Surgery
- Glaucoma Surgery
- Corneal Surgery
- Vitreo-Retinal Surgery
- Oculoplastic Surgery
- Eye Muscle Surgery
- Eye Removal

## DVH3

- Hearing Aid Fitting/Evaluation
- Hearing Aid Purchase/Repair
- Hearing Exam
- Ear Wax Removal
- Ear Ventilation Tubes
- Tympanoplasty (Reconstruction of ear drum)
- Cochlear Implant Surgery
- Hearing Rehabilitative Services

DVH4

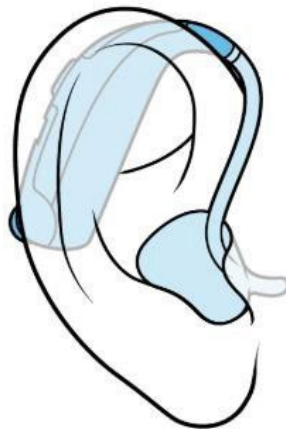
In the Canal (ITC)



In the Ear (ITE)



Behind the Ear (BTE)





# ENS1

- Iraq or Afghanistan Conflict (2001 – Present)
- Persian Gulf War (Aug 1990 – March 1991)
- Vietnam Era (Aug 1964 – May 1975)
- Korean Conflict (June 1950 – Jan 1955)
- World War II (Sept 1940 – July 1947)
- Peace time (all other times)

# HA1

- One-family, detached
- Two-family or duplex
- Apartment or condominium building
- Mobile home, trailer
- Rowhouse, townhouse
- “mother-in-law” apartment

## HA2

- Retirement community
- Senior citizens housing
- Assisted living facility
- Continuing care community
- Staged living community
- Retirement apartments
- Church-provided housing
- Personal or residential care home

## HA3

- Prepared meals
- Housekeeping, maid, or cleaning services
- Laundry services
- Help with medications
- Transportation
- Recreational services

## HA4

- Have a steady place to live
- Have a place to live today, but worried about losing it in the future
- Do not have a steady place to live

# HF1

- Much better now than one year ago
- Somewhat better now than one year ago
- About the same
- Somewhat worse now than one year ago
- Much worse now than one year ago

HF2

- It will get much better
- It will get somewhat better
- It will not change
- It will get somewhat worse
- It will get much worse

HF3

- Never
- Rarely
- Sometimes
- Often
- Always



HF4

- Never
- Hardly ever
- Occasionally
- Fairly often
- Very often

## HF5

- No difficulty at all
- A little difficulty
- Some difficulty
- A lot of difficulty
- Not able to do it

## HF6

- Bladder
- Blood
- Bone
- Brain
- Breast
- Cervix
- Colon (bowel)
- Esophagus
- Gall Bladder
- Kidney
- Larynx (windpipe)
- Leukocytes (Leukemia)
- Liver

*(continued)*

## HF6

- Lung
- Lymph Nodes (Lymphoma)
- Mouth/Tongue/Lip
- Ovary
- Pancreas
- Prostate
- Rectum
- Soft Tissue/Fat
- Stomach
- Testis
- Throat
- Thyroid
- Uterus

## HF7

- Type 1
- Type 2
- Borderline
- Pre-Diabetes
- Gestational (Pregnancy-related)

HF8

- All of the time
- Most of the time
- Some of the time
- A little of the time
- None of the time

## HF9

- Just about everything you need to know
- Most of what you need to know
- Some of what you need to know
- A little of what you need to know
- Almost none of what you need to know about managing Diabetes

# HF10

<b>VITAMINS AND MINERALS</b>	Calcium, Vitamin C, Iron, Vitamin E, Magnesium, Zinc, Vitamin D, Vitamin A, Potassium, Vitamin B-12
<b>MULTI-VITAMINS AND MULTI-MINERALS</b>	One a Day, Prenatals, B-Complex, Centrum, Theragran
<b>HERBALS AND BOTANICALS</b>	Echinacea, Garlic, Saw Palmetto, Ginkgo, Ginseng
<b>FIBER</b>	Metamucil, Fibercon, Benefiber
<b>AMINO ACIDS</b>	Lysine, Methionine, Tryptophan
<b>OTHERS</b>	Fish Oil, Omega-3, Chondroitin, Joint Supplements (Glucosamine), Choline, Melatonin, Probiotics



## HF11

- Calcium (with or without vitamin D)
- Choline
- Coenzyme Q (such as CoQ10)
- Eye health supplement (such as OcuVite PreserVision or I-Caps)
- Fiber supplement (such as Metamucil or Benefiber)
- Folate or folic acid
- Garlic supplement
- Iron

*(continued)*

## HF11

- Joint supplement (such as glucosamine, with or without chondroitin or other ingredients)
- Magnesium
- Melatonin
- Niacin
- Omega-3 (ALA/DHA/EPA) or fish oil
- Potassium
- Probiotics (in pill, powder, or liquid form)
- Saw palmetto
- Vitamin A
- Vitamin B-12

*(continued)*

## HF11

- Vitamin B-complex
- Vitamin C
- Vitamin D (NOT as part of a calcium supplement)
- Vitamin E
- Zinc
- Other Supplement(s)

HF12

- Not at all
- Several days
- More than half the days
- Nearly every day

## HF13

- Not at all difficult
- Somewhat difficult
- Very difficult
- Extremely difficult

HF14

- More than once a week
- About once a week
- 2-3 times a month
- About once a month
- Every 2-3 months
- Once or twice a year
- Not at all

HH1

## **Home Help by Health or Medical Professionals**

- Nurse (visiting nurse, private duty nurse, etc.)
- Doctor
- Social worker
- Therapist
- Hospice worker
- Home health aides
- Those who provide homemaker services

HH2

## **Medical or Nursing Treatment**

- Applying sterile bandages or dressings
- Giving medications
- Taking blood pressure
- Giving shots or injections



HH3

## **Help With Daily Needs**

- Using the telephone
- Doing housework
- Preparing meals

## HH4

- Bathing
- Showering
- Dressing
- Eating
- Walking
- Using the toilet

HH5

## **Personal Care or Help with Daily Needs from Persons Who Do Not Live with You**

- Friends
- Neighbors
- Relatives

## Health Insurance Coverage Options

- “Original” Medicare
- “Medicare Advantage” (MA) plan
  - with Prescription Drug Plan (MA-PD) **or**  
without
- Medicaid
- TRICARE/TRICARE for Life
- Public Programs (other than Medicaid)
- Medicare Part D Prescription Drug Plan (PDP)
- Private/Supplemental Insurance Plan
  - Purchased directly from an insurance company, *or*
  - Obtained through an employer, union, or other group, such as AARP

# HI1

ORIGINAL MEDICARE	MEDICARE ADVANTAGE
<ul style="list-style-type: none"> <li>• You have your choice of doctors and hospitals.</li> <li>• Generally, you or your supplemental coverage pay deductibles and coinsurance.</li> <li>• If you want drug coverage, you must join a <b><i>stand-alone Medicare prescription drug plan</i></b> –a separate policy just for drugs.</li> <li>• You can buy a <b><i>Medigap plan</i></b>, which can help pay expenses not covered by Medicare.</li> </ul>	<ul style="list-style-type: none"> <li>• May either require you to see medical providers in their <b><i>network</i></b> or let you choose and pay more of the costs.</li> <li>• You usually pay a <b><i>copay</i></b> or coinsurance for covered services.</li> <li>• If you want drug coverage, you must join a plan that includes drug coverage. This will give you all of your coverage in one plan.</li> <li>• A Medigap plan is not available.</li> </ul>
MEDICAID	TRICARE/TRICARE FOR LIFE
<ul style="list-style-type: none"> <li>• Public health care plan that helps make Medicare affordable for beneficiaries with low incomes and modest assets.</li> <li>• Medicare beneficiaries who are also enrolled in Medicaid are referred to as “<b><i>dual eligibles.</i></b>”</li> <li>• Will be automatically enrolled in a Medicare prescription drug plan and be eligible for a <b><i>low-income subsidy</i></b> or “<b><i>extra help.</i></b>”</li> </ul>	<ul style="list-style-type: none"> <li>• Covers active-duty service members, retirees, and their families.</li> <li>• TRICARE generally pays the fees left outstanding after Medicare has made their payment.</li> </ul>

# HI1

PRIVATE HEALTH INSURANCE	MEDICARE PART D PRESCRIPTION DRUG PLAN
<ul style="list-style-type: none"><li>• Includes supplemental or Medigap plans, plans that are provided by a former or current employer, and other plans purchased directly through a private company, union, association, or other group.</li><li>• Cover the cost of hospital or doctor visits, prescribed medicines, or dental care.</li><li>• Common type: <b>Medicare Supplement Insurance (Medigap)</b>, which is available to recipients of Original Medicare and helps pay some of the health care costs that Original Medicare doesn't cover, like copayments, coinsurance and deductibles.</li></ul>	<ul style="list-style-type: none"><li>• Separate policies that cover only prescribed medicines.</li><li>• Beneficiaries pay a monthly premium and copay or coinsurance for their required prescriptions.</li><li>• Standalone plans are only available to beneficiaries who are covered by Original Medicare; otherwise drug coverage is available as part of Medicare Advantage plans.</li></ul>
PUBLIC PROGRAMS (OTHER THAN MEDICAID)	
<ul style="list-style-type: none"><li>• Include state, county, or city-based programs such as a pharmacy program, where the local government provides at least partial coverage for the cost of prescribed medicines.</li><li>• Insurance comes from a <b>public source</b> other than Medicare or Medicaid.</li></ul>	

## **TRICARE Plan Names**

- A. TRICARE for Life
- B. TRICARE Plus
- C. TRICARE Prime
- D. TRICARE Extra
- E. TRICARE Standard
- F. TRICARE Pharmacy / TRICARE Senior  
Pharmacy
- G. TRICARE Dental Program
- H. TRICARE Retiree Dental Program
- I. TRICARE Reserve Select (TRS)
- J. TRICARE US Family Health Plan

*(continued)*

HIT1

# Beneficiary Information Card for TRICARE For Life

## FRONT OF CARD

### *TRICARE For Life*

**To Provider:** File claims in the usual manner to Medicare.

**To Patient :** *Services that are a benefit of both Medicare and TRICARE :*No deductible or cost share is required.

*Medicare only benefit :*Medicare deductible and cost share required.

*TRICARE only benefit:*TRICARE deductible and cost share required.

*For benefit questions call 1-888-DoD-LIFE (1-888-363-5433)      [www.tricare.osd.mil](http://www.tricare.osd.mil)  
For more information call 1-800-977-6753      [www.hnfs.net](http://www.hnfs.net)*

## BACK OF CARD

### *TRICARE Senior Pharmacy*

**Military Treatment Facility:** No Co-pay

**National Mail Order Pharmacy:** \$3 generic;\$9 brand name  
(90 day supply)

**TRICARE Network Pharmacy:** \$3 generic;\$9 brand name  
(30 day supply)

**TRICARE Non-network Pharmacy:** \$9 or 20%of cost (30 day supply)  
\$150/person or \$300/family  
annual deductible applies.

*For pharmacy questions call 1-877-DoD-MEDS (1-877-363-6337)*

(Co-pays subject to change)

5007334 (9/01 T85)



## HIT2

### **Places to Obtain Medicines in Tricare Plan**

- TRICARE Mail Order Pharmacy (TMOP)
- TRICARE Retail Pharmacy Network Pharmacy (TRRx)
- Military Treatment Facility Pharmacy (MTF)
- Non-network retail pharmacy

## HI6

- Prescribed medicines
- Visits to a doctor or other health professional
- Lab work
- Inpatient hospital care
- Nursing home or long term care
- Dental care
- Optical or vision care
- Hearing care
- Behavioral health care (e.g., counseling, psychotherapy, mental health and substance use disorder services)
- Other services

## **Long Term Care Places**

- Skilled nursing homes
- Intermediate care facilities
- Board and care homes
- Nursing home units in hospitals
- Facilities for the intellectually disabled
- Psychiatric facilities
- Group homes

MP1

## **Health Practitioners Who Are Not Medical Doctors**

- Acupuncturist
- Chiropractor
- Podiatrist (foot doctor)
- Homeopath
- Naturopath
- Any other kind of health provider who is not a medical doctor

MP2

## **Mental Health Professionals**

- Psychiatrist
- Psychologist
- Clinical social worker
- Licensed professional counselor

MP3

## **Therapists**

- Physical therapist
- Speech therapist
- (Intravenous) I.V. therapist
- Massage therapist
- Occupational therapist
- Respiratory therapist

## MP4

### **Other Medical Persons**

- Nurse
- Nurse practitioner
- Paramedic (not including ambulance services)
- Physician's assistant

MP5

## **Other Types of Medical Places**

- Health clinic
- Neighborhood health center
- Rural health clinic
- Infirmary
- Mental health clinic
- Urgent care center
- Any other place



## MP6

- Didn't think the problem was serious
- Thought it would cost too much
- Trouble finding or getting to the doctor
- Time, schedule, or personal conflicts
- Thought doctor couldn't do much about the problem
- Was afraid of finding out what was wrong
- Doctor would not accept my insurance

## MPQ Job Aid 1

- Allergy/immunology (allergies, asthma)
- Anesthesiology
- Cardiology (heart)
- Dermatology (skin)
- Endocrinology/metabolism (diabetes, thyroid)
- Family practice
- Gastroenterology
- General practice
- General surgery
- Geriatrics (elderly)
- Gynecology – obstetrics
- Hematology (blood)

*(Continued)*

## MPQ Job Aid 1

- Hospital residence
- Internal medicine (internist)
- Nephrology (kidneys)
- Neurology
- Nuclear medicine
- Oncology (tumors, cancer)
- Ophthalmology (eyes)
- Orthopedics
- Osteopathy (DO)
- Otorhinolaryngology (ear, nose, throat)
- Pain Management Specialist
- Pathology
- Physical med/rehab

*(Continued)*

## MPQ Job Aid 1

- Physician's Assistant
- Plastic surgery
- Podiatrist
- Proctology
- Psychiatry/psychiatrist
- Pulmonary (lungs)
- Radiology
- Rheumatology (arthritis)
- Thoracic surgery (chest)
- Urology
- Vascular Surgeon/Specialist

NA1

- 12 oz. beer
- 5 oz. glass of wine
- One and a half ounces of liquor

OM1

## **Orthopedic Items**

- Crutches
- Canes
- Wheelchairs
- Walkers
- Corrective shoes or inserts
- Support stockings
- Braces or supports

OM2

## **Diabetic Equipment or Supplies**

- Syringes
- Test paper
- Test strips
- Blood monitoring kits

OM3

## **Prostheses**

- Artificial leg or arm
- Mastectomy prosthesis
- Artificial or glass eye



## OM4

### **Other Medical Equipment and Supplies**

- Portable commode or raised toilet seat
- Portable tub seat
- Special chair or cushion
- Hospital bed
- Ostomy supplies
- Incontinence supplies (such as depends, serenity or other brands of disposable undergarments, pads, or briefs)
- Bandages, dressings, tape supplies
- Pulmonary equipment (nebulizer, CPAP, etc.)
- Blood pressure equipment (such as cuffs or monitors)

OM5

## **Alterations Inside or Outside Home or Car**

- Ramps
- Handrails (other than tub handrails)
- Elevator or incline chair
- Tub seats
- Tub handrails
- Any car alteration

## PM1

- Thought it would cost too much
- Didn't think medicine would help condition
- Was afraid of medicine reactions/contraindications
- Don't like to take medicine
- Didn't think medicine was necessary
- Not covered by insurance/not on plan formulary
- Trouble obtaining medicine
- Obtained/used samples
- Used another medicine as a substitution

## PV1

- Less than 6 months ago
- 6 months to less than 1 year ago
- 1 year to less than 2 years ago
- 2 years ago to less than 5 years ago
- 5 or more years ago
- Never had blood pressure taken

## PV2

- Less than 6 months ago
- 6 months to less than 1 year ago
- 1 year to less than 2 years ago
- 2 years ago to less than 5 years ago
- 5 or more years ago
- Never had cholesterol checked

## PV3

- It's unlikely you've been exposed to HIV
- You were afraid to find out if you were HIV positive (that you had HIV)
- Dr. did not prescribe or recommend it
- You didn't want to think about HIV or about being HIV positive
- You were worried your name would be reported to the government if you tested positive
- You didn't know where to get tested
- You don't like needles
- You were afraid of losing job, insurance, housing, friends, family, if people knew you were positive for aids infection
- Some other reason
- No particular reason

SC1

- Very satisfied
- Satisfied
- Dissatisfied
- Very dissatisfied

SC2

- Very Confident
- Confident
- Somewhat Confident
- Not At All Confident



SC3

- Very Likely
- Likely
- Unlikely
- Very Unlikely

SC4

- Always
- Usually
- Sometimes
- Never